## WRITING (30 MARKS)

## TASK 1 (10 marks)

This is an excerpt from an email you received from your best friend:
...You know lately I have been feeling a bit out of shape and I would like to do some sport on a regular basis. The problem is I am very lazy. Can you give me some advice on how to create an exercise routine that really helps me? What about going to a gym or joining a sports association? ...

Now, write an email of between 90 and 110 words to your best friend where you give them some advice.

## TASK 2 (20 marks)

## Your Favourite Leisure Activity

You have been discussing leisure activities in your English class. Now your teacher has asked you to write an article of between 230 and 250 words on your favourite leisure activity. You have to include information about ..

- when and why you started.
- how important it is to you and why.
- how expensive it is.
- if it interferes with your work or personal life.

